# Dark are the Days, but the Light is Coming (Part 1-A) -2012 to 2020: Why the World has Become so Polarised

Note: Some segments of this text contain updated and expanded extracts of information published previously in the <u>Energy Shifts</u> series.

#### Introduction

Throughout the ages, there have been times of turmoil and times of peace. In recent years, many nations have been going through increasing polarisation within their societies. Considering the seriousness of many of the crises that our planet is facing, a unified approach to dealing with them globally is likely to remain elusive as long as social and political polarisation are so severe that they overshadow all other issues. This situation, with no clear end in sight, raises several important questions.

## Q: Why has the World Become so Polarised?

What is the reason for so much polarisation? Should we not have moved into global harmony after 2012? Why is the polarisation so extreme? How long will it last? How well are we handling it? Are humans capable of living in harmony at all? Does polarisation have any purpose? When will we arrive at 'peak polarisation'? How can we deal with the pressing problems facing the world today in the midst of so much polarisation?

Fortunately, some of these questions can already be answered, but they are more accessible when taking a metaphysical view. Keeping an open mind is, therefore, recommended as we delve into these rather complex issues. During our discussion, it will become evident that some answers automatically lead to more questions which we will be exploring, too.

#### O: Where does the Polarisation come from?

The high polarity that has been present in the world since around 2014 is due to a shift in metaphysical energy that took place after 2012 (as detailed in <u>Energy Shifts – Parts 2 & 3</u>). There was a change from relative stability and harmony during the 20 years prior to 2012 to a significant deterioration in social cohesion after that. This turn of events has been contrary to the high expectations that many people had had for a more unified post-2012 world.

## Q: Why did we Not Move into Harmony after 2012?

Some predictions for the post-2012 world drew heavily on modern interpretations of well-known prophecies found in the mythology of indigenous peoples in the Americas. For example, *The Hopi Prophecy* [1] and *The Prophecy of The Eagle and The Condor* [2] were commonly referenced.

The Hopi Prophecy especially speaks of the potentiality for future apocalyptic events which could destroy parts of the world, while both prophecies speak of the possibility of a new world of collaboration and harmony that could unfold within a new social order – which could come about if humanity chooses the right course of action.

There had been a growing interest in Maya calendars during the decades leading up to 2012. This interest broke into Western consciousness mainly through the entertainment industry. Blockbuster

films, for example, tended to highlight the apocalyptic elements of various indigenous prophecies (such as the Hopi, Aztec, Inca as well as the Maya civilisations) but often ascribed all such elements to the Mayas.

In contrast, esoteric spiritual communities and writers in the *Mayanism* [3] movement tended mainly to highlight elements in the prophecies that related to a future time of harmony and unity; however, they rarely delved deeply into what it would take for humanity to arrive at such a long-lasting state of equilibrium. The mindset seemed to be that an automatic shift in consciousness would (hopefully) bring about a state of harmony naturally.

## **Looking Back:**

Today, in the middle of 2020 (at the time of writing), we are able to look back at what has happened since 2012. Many events that could be described as apocalyptic have already come to pass. Most of them have more or less resembled what the prophecies had predicted – but, perhaps, not quite to the extent that they were depicted in the movies.

Earthquakes [4], volcanoes [5], extreme droughts [6] [7], unprecedented wild fires [8] and insect plagues [9], as well as human pandemics, such as MERS [10], Ebola [11], Zika [12] and presently, Covid-19 [13], have all featured since 2012. But the much-anticipated social harmony has been conspicuous by its absence with partisan politics having dominated the social and political spheres more than ever before. In addition, the polarisation seems to be still in the process of building up to a crescendo.

# Q: Were The Mayas Wrong?

It is important to know that there is a metaphysical framework in the universe and that certain recurring social and societal trends can, indeed, be mapped according to specific time frames that fit into that metaphysical framework. That framework, being largely invisible, means that it is only (to an extent) accessible through anthropological or archaeological research, or through deep metaphysical study practices.

Prophecies – unlike ancient calendar systems – are notoriously vague when it comes to exact future timelines or time frames. *The Hopi Prophecy* and *The Prophecy of The Eagle and The Condor* would both fall into that category. Although they are absolutely indispensable (and the Mayas embrace these two prophecies, too) for understanding the overall context of the shift of the ages, they are – strictly speaking – not Maya prophecies, because they are not specifically found (they did not originate from) within the structures of the Maya calendars.

# Q: What, then, are the Maya Calendar Prophecies?

Prophecies for specific time frames can be found in the Maya *Short Count* calendar which contains prophecies that relate to 20-year periods known as *katuns*. It was these *katun prophecies* and their associated energies that pointed to the high polarity and volatility that would characterise the first two decades after 2012.

Modern-day forecasters should, therefore, have paid as much attention to the *Short Count* calendar as they did to the *Long Count* calendar. But prior to 2012, the *Long Count* calendar 'stole the show'

because it was used to calculate the date of the rare 5,125-year *Great Cycle* Fourth-to-Fifth-World shift at the end of 2012.

#### Q: How does the *Short Count* Calendar work?

## Background:

The 256-year *Short Count* cycle (and calendar), which comprises 13 *katuns* of 19.7 years each (to be exact), is a fractal (which is – in the context of cycles – a cycle within a cycle) of the 5,125-year *Long Count* cycle (and calendar) and fits into it twenty times. Said differently, thirteen *katuns* make a *Short Count* cycle and twenty *Short Count* cycles make a *Long Count* cycle.

The *Long Count* calendar went out of use around 800 AD. It was replaced by the *Short Count* calendar which has been in use ever since by the post-Classic Yucatec Maya people. Maya calendar scholars and enthusiasts in the West 'revived' the *Long Count* calendar through their research prior to 2012.

#### How the *Short Count* Calendar works:

The *Short Count* calendar assigns a specific symbol called a *tone* to each of its thirteen *katuns*. This symbol (a number) denotes certain aspects of a *katun's* energy. For example, right now we are in *Katun 2 Ahau* (between 2012 and 2032.) *Tone 2* symbolises duality and polarity (among other characteristics). The *katun* prior to *Katun 2 Ahau* was *Katun 4 Ahau* (between 1993 and 2012.) *Tone 4* represented stability and order and, overall, it appears to be one of the most stable energies found in the Maya calendars.

## The Energy of the Age:

An immediate observation from the information above is that in 2012 the energy of the *tones* shifted metaphysically from stability to heightened polarity – and people who have been following world affairs would know that that has been exactly how things have played out.

The world has gone from relative order and stability during the 20 years prior to 2012 to palpable polarisation and disorder since then. That's not to say that there wasn't instability prior to 2012; it's just that it wasn't so palpable or extreme. This has been echoed by people who have in recent years reported that things have never been so polarised in their nations (from what they can remember) during their lifetimes [14].

#### Advantage of the Short Count Calendar:

The idea of an instant elevation of consciousness followed by a quick renewal of the world was certainly an appealing one during all the hype before the shift-point of 2012 ... but it was based on not understanding the nature of the intermediate shift period between the two *Great Cycles* from the Maya Fourth to Fifth Worlds.

The great advantage of the Maya *Short Count* calendar is that it can be used to provide a relatively good idea of the nature of the shift period as it allows us to 'zoom into' the incremental stages of it. After doing that, we can 'zoom out' again to see the bigger picture. This approach could assist us in knowing when we can expect a return to more harmony from an energy perspective.

## The Overall Length of the Great Shift:

The overall *Great Cycle* transition could take as long as an entire *katun cycle* of 256 years, meaning that there will be a long overlap phase between the two *Great Cycles* (for details, please see *The Valley of Shadows in the Landscape of Light*). As illustrated in the segment above, this overlap consists of smaller, incremental transitions that happen along the way which is how the transitions between very large cycles actually work.

To illustrate this point even further, a comparison can be made with the transition stages that are found between the *Yuga* cycles in the 24,000-year Vedic *Great Year* cycle from India. In that cycle, there are 200-year transition phases known as *sandhis* between some of the *Yuga* ages, with some *sandhis* taking as long as 300 or 400 years to run their course (more details can be found in the essay *Energy Shifts* – *Part 5*).

As an aside, the Vedic *Great Year*, just like the Maya *Great Cycle*, has incremental stages embedded within its *sandhis* which can also be 'zoomed into', as will also be illustrated later.

## Rising and Falling Energy:

Now that we know that large cycles consist of smaller cycles within the larger cycles (fractals) and that – in the context of the Maya calendars – we need to concentrate on the *Short Count* calendar instead of the *Long Count* calendar, we can consider an important energy trend that is found within the Maya calendars in general.

Energy flow rises and falls in a wave-like motion during a Maya calendar age or cycle. The energy of the age climbs the energy pyramid at the beginning of the age, reaches its peak at the mid-point of the age and then it descends on the other side of the energy pyramid to its lowest point where it would start to blend in with the energy of the following age. This means that all *katuns* can be divided into two *half-katuns*, with the first half having growing energy and the second half having declining energy.

Said in a different way, the energy would rise in intensity and influence for the first 9.85 years of a *katun* after which it would recede for the second 9.85 years in the *katun*. The years around the crest of the energy pyramid would be peak-energy years in terms of energy intensity. This means that, during the present *katun* (2012 - 2032), the highest levels of duality and polarity (these elements being the dominant characteristics of this *katun*) could be expected to manifest between 2020 and 2025 (please see *Illustration 1* below).

From 2026 onward, the energy intensity and polarity should start to decline again. Bearing that in mind, societal developments since 2012 may come to a head during the upcoming peak-energy years.

#### A Shift from Material to Spiritual Energy:

Another aspect of the energy pyramid worth factoring in is that, in some cycles [15], the energy influence would be more materialistic during the first half of the energy pyramid and it would be more spiritual during the second half. That could also be the case for this *katun* cycle and, if that happens, the transition point would be at the end of 2022. (*Continued in Part 1-B*)

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